

**Run leaders, community
members and running groups**

JOIN THE MOVEMENT

TAKE BACK THE TRACK DAY

SUNDAY, 16 FEBRUARY 2025

HI, I'M SISSY

I am Sissy Austin and I am Peek Woorroong, Keerraay Woorroong, Djab Wurrung First Nations woman and the founder of Take Back the Track.

I am a survivor of a traumatic running attack, graduate of the Indigenous Marathon Project, three-time marathoner, and I LOVE running!

Let's Take Back The Track.





OUR VISION

Take Back The Track will elevate the stories of women and gender-diverse runners, utilising the power of storytelling to raise awareness of the violence and harassment experienced by women and gender-diverse runners.

GET INVOLVED

- Organise a Take Back The Track gathering or run in your community.
- Dedicate your run to Take Back The Track on Sunday, 16 February.
- Share the Take Back The Track message with your networks.
- Turn Strava purple and share Take Back The Track content.

NEXT STEPS



- Tag us on your social media and use the hashtag [#takebackthetrack](#)
- [DOWNLOAD](#) the Take Back The Track poster for your event
- Use this resource at your event to create awareness and start conversations
- [CLICK HERE](#) to register yourself or your running group

WHAT DO WE KNOW?

We know **87% of women** have experienced at least one form of verbal or physical street harassment.

In 2024, **Turia Pitt** conducted a survey on runners safety and runners who participated shared the **many forms of harassment** they have experienced while running, including:

- Catcalling, whistling or being beeped at
- Inappropriate comments about the respondent's body
 - Being followed or stalked
- Persistent attempts at conversation or interaction
- Intimidation tactics like blocking your path or posturing
 - Sexual propositions or advances
- Being photographed or filmed without consent
 - Threats of harm or violence
 - Unwanted touching or groping

Enough is enough.

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REGISTER NOW

